

OM Hrīm Krīm Dūm Durgayai Svāhā

Durga is a very popular form of the goddess / Shakti, representing the Divine Mother in her protective role.

She rides a lion, a symbol of fire and power, from which she leads the Divine army and wields her weapons of light to destroy all demons and negative forces. She takes us beyond disease, sorrow, darkness and death.

If in your life you feel yourself in danger or in need of protection, you can call upon the energy of Durga.

Dum is the seed sound carrying and projecting the protective energy of Durga. It is a powerful Agni or fire mantra, with a weapon like effect. It can be used to eliminate sorrow, obstacles or barriers.

Krim is seed sound of Kriya Shakti, the power of action, and represents electrical or lightning force. It creates pranic power for inner transformation and spiritual awakening.

